

Curriculum Vitae

Name: Arman Zargaran
Gender: male
Date of birth: 18 Sep. 1985
Place of Birth: Tehran-Iran
Nationality: Iran
Language: Persian, English



Associate Professor of Traditional Pharmacy, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran

Head, Department of History of Medicine, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran

Head, International Research and Technology Unit, Vice-Minister Office for Research and Technology, Ministry of Health and Medical Education, Iran

Vice for International Affairs, Office of Persian and Complementary Medicine, Ministry of Health and Medical Education, Iran

Vice-Dean for Education, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran

Cellphone: +98-912-2060881

E-mail: zargarana@sums.ac.ir ; azargaran@sina.tums.ac.ir ; arman_zargaran@yahoo.com

Address:

School of Persian Medicine, West Jamali Alley, Vafamanesh street, Heravi Sq., Tehran, Iran; postal code: 1417653761

Qualifications and Education fields

PharmD; and PhD of Traditional Pharmacy (Phytopharmaceuticals)

Collaboration with WHO

- Contribution to writing ICD11 TM module 2 (since 2020 until now);
- IFP of Iran at WHO-IRCH network (since 2020 until now);
- Contribution as temporary advisor of WHO for reviewing the draft of WHO strategy of Traditional medicine (2025-2034);
- WHO expert group member for developing the International Herbal Pharmacopoeia (IHP)
- Member of WHO topic Group: AI and Traditional Medicine

- Head of WHO project (Agreement for Performance of Work (APW) No. 2019/917184-0) entitled “Reviewing six Health System building blocks of Traditional Complementary Medicine in Iran”;
- Contribution to many WHO meetings, conferences and events on Traditional Medicine as Speaker, Temporary advisor and Delegates

Awards and Honors

1. Award winner of Persian Medicine Festival (International Activities); awarded by the minister of health; April 2025
2. Top 2% most cited scientists of the world (Elsevier report; [October 2023 data-update for "Updated science-wide author databases of standardized citation indicators" - Elsevier BV \(digitalcommonsdata.com\)](#))
3. Receive of Hekmat Medallion, awarded as top researcher in the field of History of Medicine, Persian Medicine Festival, Tehran, Iran, 2021.
4. Top 100 faculty members in Iran (*Saramadan-e-Elmi*), 2020
5. Top faculty member for international awards and achievements, University of Tehran & Tehran University of Medical Sciences International Festival, Tehran, Iran, 2019.
6. Receive of Diploma and Medallion of International Academy of History of Pharmacy, 2016
7. Top Professor of school of Persian Medicine for 2016, Tehran University of Medical Sciences, Tehran, Iran, 2017
8. Award winner of Razi Medical Festival (Young Researcher); awarded by president of I.R. Iran, January 2014
9. Top PhD candidate, Shiraz University of medical Sciences, Shiraz, Iran, 2014.
10. Top Postgraduate Researcher, Shiraz University of medical Sciences, Shiraz, Iran, 2014.
11. National Top Student (PhD Majors), awarded by president of I.R. Iran, 2013.
12. Top Postgraduate Researcher, Shiraz University of medical Sciences, Shiraz, Iran, 2013.
13. Award winner of Tabari Medical Festival (Basic Science group); Sari, Iran, December 2013.
14. Bursary awarded for participation and oral presentation in 21th World Congress of Neurology, Vienna. Granted by World Federation of Neurology, 2013.
15. Top Student of Iran (PhD degree), awarded by president of I.R. Iran, 2012
16. Poster presentation award, 16th Iranian Pharmacy Students Seminar, Tehran, 2011
17. Top Postgraduate Researcher, Shiraz University of medical sciences, Shiraz, Iran, 2011.
18. Poster presentation award, 6th Shiraz Faculty of Pharmacy Research Seminar, Shiraz, 2006

19. Top Student for Cultural Activities, Shiraz University of medical sciences, Shiraz, Iran, 2005.

Positions

1. Head, International Research and Technology Unit, Vice-Minister Office for Research and Technology, Ministry of Health and Medical Education, Iran (2025-present)
2. Vice-Dean for Education, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran (2025-present)
3. Head of Department of History of Medicine, Tehran University of Medical Sciences (2023-present)
4. Director of International Affairs Development, Tehran University of Medical Sciences, Tehran, Iran (2021-2025)
5. IFP of Iran at WHO IRCH Network (2020-present)
6. Vice for International Affairs, Office of Persian and Complementary Medicine, Ministry of Health and Medical Education, Iran (2018-present)
7. Advisor, American Herbal Pharmacopeia (2020 -present)
8. Executive Vice, Persian Medicine Office, Ministry of Health and Medical Education, Iran (2020-2020)
9. President, Iranian Society for the History of Pharmacy (2017-present)
10. Vice-Dean for International Affairs, School of Persian Medicine, Tehran University of Medical Sciences (2017-2020)
11. Head of Research Office for the History of Persian Medicine (2010 - 2018)
12. Head of Traditional Pharmacy Committee, Iranian Traditional Medicine Association (2016-present)
13. The Member of Research Committee, Persian Medicine Office, Ministry of Health, I.R.Iran (2014-present)
14. Deputy for Research, Department of History of Medicine, TUMS (2016-present)
15. Member of Iranian Academy of Medical Sciences (2014-present)
16. CEO, Hekmat PSN Co., Ltd. (2016-2022)
17. Member of traditional medicine, pharmacy and natural product incubator, TUMS (2016-present)
18. Deputy president of Student Research Committee, Shiraz University of Medical Sciences (2012-2013)
19. Member of President Young Advisers of Shiraz University of Medical Sciences (2009-2011)
20. Head of Central Council of Cultural associations of Shiraz University of Medical Sciences (2010-2011)
21. Board of Trustees of the Shiraz University of Medical Sciences Museum (2009-present)

Memberships in International Societies

1. Member of the International Academy for the History of Pharmacy

2. IFP of Iran at WHO International Regulatory Cooperation for Herbal Medicine Network
3. Member of *International Society for the History of the Neurosciences* (<http://www.bri.ucla.edu/nha/ishn/ishndir-z.htm#ZARGARAN>)
4. Associate Member of International Headache Society (IHS)
5. Ambassador of Asian Council of Science Editors
6. World Unani Foundation
7. International Unani Forum

Journals' Editorial

1. Associate Editor, *Frontiers in Pharmacology* (<https://www.frontiersin.org/journals/pharmacology>)
2. Editor in Chief, *Research on History of Medicine* (www.rhm.sums.ac.ir)
3. Deputy Editor in Chief, *Journal of Traditional Medicine in Iran and Islam* (<https://jiitm.ir/>)
4. Section Editor, *Traditional and Integrative Medicine* (jtim.tums.ac.ir)
5. Associate Editor of *Shiraz E-Medical Journal*
6. Editorial member, *Journal of Traditional Medicine* (<http://www.iprobegrp.com/cm-g-jtm/members.php>) (2014-present)
7. Editorial advisory board, *Acta Medico Historica Adriatica* (2013-present; http://hrcak.srce.hr/upute/impresum_en_Acta_Medico-Historica_Adriatica.pdf)
8. Editorial advisory board, *Journal of Cardiovascular Medicine and Cardiology* (<http://www.peertechz.com/cardiology-peertechz-journal/editorialboard.php>)
9. Editor in Chief of *Sadra Medical Sciences Journal* (www.sadramj.com) (2013-2016)

Reviewer of Journals

1. Pharmacological Research
2. Journal of Medical Ethics and History of Medicine
3. Journal of Ethnopharmacology
4. Archives of Iranian Medicine
5. Pharmaceutical Biology
6. Journal of Evidence-Based Complementary & Alternative Medicine
7. Chinese Journal of Integrative Medicine
8. Daru
9. European Journal of Integrative Medicine
10. African Journal of Microbiology Research
11. Journal of Essential Oil Bearing Plants
12. Iranian Red Crescent Medical Journal
13. Galen Medical Journal
14. *Acta Medico Historica Adriatica*
15. African Journal of Biotechnology

16. European Journal of Medicinal Plants
17. Mini-Reviews in Medicinal Chemistry
18. Pharmacognosy Review
19. Pediatrics
20. Shiraz E-Medical Journal
21. Phytomedicine
22. Journal of Herbal Medicine
23. Journal of the German Society of Dermatology
24. Journal of Medical Biography
25. Therapeutic Advances in Endocrinology and Metabolism
26. Explore

Research Interests

1. Traditional Pharmacy (phyto-pharmaceuticals)
2. Natural Product
3. Pharmacognosy
4. History of Medicine
5. Traditional Medicine (Persian Medicine)

Teaching Courses

1. Medicinal plants
2. Modern methods of preparation in phytopharmaceuticals
3. Analyzing methods for natural products
4. Quality control for natural and traditional products
5. Reading prescriptions
6. History of pharmacy
7. Islam and Iran culture and civilization
8. Pharmacognosy (Lab.)
9. Simple and Compound Natural Drugs (*Mofradat va Qarabadin*)
10. Ethnopharmacology
11. Scientific Writing
12. Persian Medicine texts and manuscripts

Presentations (only presentations in English)

- 1- **Arman Zargaran**. Safety, Quality, and Regulatory in TCIM. 2026 Siriraj Traditional Medicine Conference 2024. **Invited Speaker**, July 13-14, 2026, **Bangkok, Thailand**
- 2- **Arman Zargaran**. Ancient Persian archaeological findings in pharmacy and cosmetic sciences. Researching the Past, Advancing the Future of Medicine II Conference. **Oral**, April 9-11, 2025, **Prague, Czech Republic**
- 3- **Arman Zargaran**. Innovation of Persian Medicine for Health Solutions: Example of COVID 19. Unani Day 2025 & International Conference on Innovations in Unani

- Medicine for Integrative Health Solutions – A Way Forward. **Invited Speaker**, February 11-12, 2025, **New Delhi, India**
- 4- **Arman Zargaran**, Kamran Mahlooji. Jondishapour, the First University and Teaching Hospital in the World. 3rd International Health Services Congress, **Invited Speaker**, December 19-21, 2024, **Isparta, Turkey**
 - 5- **Arman Zargaran**. Traditional Medicine Wisdom in Personalized Wellness. Siriraj Traditional Medicine Conference 2024. **Invited Speaker**, August 5-6, 2024, **Bangkok, Thailand**
 - 6- **Arman Zargaran**. Educational Innovations of Applied Persian Medicine in Iran. International Scientific Acupuncture and Medicine Symposium (ISAMS). **Invited Speaker**, October 6-8, 2023, **Jeju, South Korea**
 - 7- **Arman Zargaran**. Biruni, the Pioneer of Pharmacy in Medieval Era. International Conference on “The Role of the Scientific Heritage of Abu Raykhan Beruni in the Development of World Science”. **Invited Speaker**, September 24-26, 2023, **Beruni, Khiva and Tashkent/ Uzbekistan**
 - 8- **Arman Zargaran**. Applied AI technology and innovation for traditional medicine. Siriraj Applied Thai Traditional Medicine Conference (SiATM) 2023. **Invited Speaker**, September 21-22, 2023, **Bangkok, Thailand**
 - 9- **Arman Zargaran**. The Impact of Mathematics and Astronomy in Pharmacy during Islamic Civilization. The Third Prof. Fuat Sezgin Symposium for the History of Science in Islam, **Invited Speaker**, May 25-26, 2023, **Istanbul, Turkey**
 - 10- **Arman Zargaran**, Mohammad M. Zarshenas. The use of Persian herbal medicine for aging care. Siriraj Traditional Medicine Conference 2022: Frontiers in research on traditional medicine in aging society. **Invited Speaker**, November 7-11, 2022, **Bangkok, Thailand**
 - 11- **Arman Zargaran**. The Early Historical Report of Alcohol Hepatotoxicity in *Minooye Kherad*, a Pahlavi Manuscript in Ancient Persia, 6th Century CE. **Oral**, September 7-10, 2022, **Milan, Italy**
 - 12- **Arman Zargaran**. Rhazes role in pharmacy and chemistry. International Congress of Health Services, **Invited Speaker**, June 10-12, 2022, **Isparta, Turkey**
 - 13- **Arman Zargaran**. Hakim Mohammad, the Persian military surgeon in the courts of the Safavid and Ottoman Empires. The History of Medicine Meeting (Post Congress Event of 6th USERN Congress). **Invited Speaker**, November 12-15, 2021, **Istanbul/Tehran/Shiraz, Turkey/Iran**
 - 14- **Arman Zargaran**, Farzaneh Ghaffar, Mohsen Naseri. Evidence Based Medicine and Trials as Medical Methodology in Perspective of Rhazes (865-925 CE). The Second Prof. Fuat Sezgin Symposium for the History of Science in Islam, **Invited Speaker**, October 7-9, 2021, **Istanbul, Turkey**
 - 15- **Arman Zargaran**. Finding New Medicines According to the Avicenna’s Knowledge: An Example of Traditional Chamomile Oil on Carpal Tunnel Syndrome (CTS). Unani Medicine – Towards Achieving the Sustainable Development Goal (SDG -3) of Good Health and Well Being. **Invited Speaker**, February 11-12, 2020, **New Delhi, India**
 - 16- **Arman Zargaran**. Causes giving rise to medical sciences during Islamic Golden Age (9-13th Century CE). The First Prof. Fuat Sezgin Symposium for the History of Science in Islam, **Invited Speaker**, June 13-15, 2019, **Istanbul, Turkey**

- 17- **Arman Zargaran**. Historical Contributions of Muslim Scholars to Pharmacy. Erciyes University School of Pharmacy, **Invited Speaker**, October 24, 2018, **Kayseri, Turkey**
- 18- **Arman Zargaran**. Mohammad Mahdi Zarshenas, Aliasghar Karimi, Hasan Yarmohammadi, Afshin Borhani-Haghighi. Management of stroke as described by Ibn Sina (Avicenna) in the Canon of Medicine. International Conference on Traditional Medicine, Phytochemistry and Medicinal Plants. **Oral**, October 15-17, 2018, **Tokyo, Japan**
- 19- Mehdi Vahidi Far, Mohammad Reza Bordbar, Mohammad Mahdi Zarshenas, **Arman Zargaran**. Efficacy of wild leek extract administration in increasing peripheral blood neutrophil count in pediatric cancer patients admitted due to febrile neutropenia. 2nd National Congress of Integrative Oncology, **Invited Speaker**, 18-20 Oct. 2017, Tehran, Iran
- 20- **Arman Zargaran**. Mohammad M. Zarshenas. The History of Pharmacopeias in Iran (Persia): From Antiquity to Current Era. 43rd International Congress for the History of Pharmacy, **Oral**, 12-15 Sep. 2017, **Warsaw, Poland**
- 21- **Arman Zargaran**. Medicinal plants essential oils as antimicrobial agents. 18th International and Iranian Congress of Microbiology, **Invited Speaker**, 20-31 Aug. 2017, Tehran, Iran
- 22- **Arman Zargaran**. Modernization of Persian Medicine Remedies: An Example of Traditional Chamomile Oil (*Matricaria chamomila* L.) on Migraine. 2nd workshop of Overcoming Factors Limiting Modernization of Traditional Botanical Medicines, **Invited Speaker**, 23 Nov. 2016, **Seoul, South Korea**
- 23- **Arman Zargaran**. Afshin Borhani Haghighi, Pouya Faridi, Saeid Daneshamouz, Abdolali Mohagheghzadeh. From the history to current medicine: Reformulation of historical traditional chamomile oil as pain relief in patients with migraine without aura. 42nd International Congress for the History of Pharmacy, **Oral**, 8-11 Sep. 2015, **Istanbul, Turkey**.
- 24- Mohammad M. Mojahedian, **Arman Zargaran**, Saeid Daneshamouz, Soliman Mohammadi Samani. A novel method to produce solid lipid nanoparticles using n-butanol as an additional co-surfactant according to the o/w microemulsion quenching technique. 3rd ScienceOne Conference on Drug Discovery and Development, **Oral**, 21-23 Jan. 2014, **Dubai, UAE**
- 25- **Mohammad M. Mojahedian**, **Arman Zargaran**, Saeid Daneshamouz, Soliman Mohammadi Samani. Preparation of Solid Lipid Nanoparticles (SLN)/ Nanostructured Lipid Carriers (NLC) containing Cyproterone Acetate Using Warm Micro-emulsion Quenching Process: Characterization and Scale Up. 3rd ScienceOne Conference on Drug Discovery and Development, **Oral**, 21-23 Jan. 2014, **Dubai, UAE**
- 26- **Zargaran A**, Karimi A, Ahmadi S.A, Borhani-Haghighi A. Avicenna's description of Willis circle. 21th World Congress of Neurology, **Oral**, 21-26 Sep. 2013, **Vienna, Austria**
- 27- **Zargaran A**, Ahmadi SA, Zarshenas MM, Mohagheghzadeh A. Oxymel in Medieval Persia, 41st International Congress for the History of Pharmacy, **Oral**, 10-14 Sep. 2013, **Paris, France**

- 28- **Zargaran A**, Mohagheghzadeh A. Medicinal Oil Use in Ancient Persia. 41st International Congress for the History of Pharmacy, **Oral**, 10-14 Sep. 2013, **Paris, France**
- 29- **Ahmadi SA, Zargaran A**. Al-Madkhal Al-Talimi (an Introduction to Teaching Chemistry); the Rhazes' Treatise on Chemistry and Pharmacy, 41st International Congress for the History of Pharmacy, **Oral**, 10-14 Sep. 2013, **Paris, France**
- 30- **Arman Zargaran**, Mohammad M. Zarshenas. Pharmacological Effects of Simple Medicinal Herbs Used in Persian Traditional Medicine for Treating Tremor. International Conference on Natural Products 2013; Poster, 4-6 March 2013, **Shah Alam, Malaysia**
- 31- **Arman Zargaran**, Mohammad M. Zarshenas, Alireza Mehdizadeh, Abdolali Mohagheghzadeh. Management of tremor in medieval Persia. 17th Annual Meeting of international society for the history of the neurosciences (ISHN), **Oral**, Tuesday, 19 - 23 June 2012, **Venice, Italy**
- 32- **Zargaran A**. Pharmaceutical evaluation of a traditional formulation: *ergh-al-nessa* pill (*hab*). 4th International Conference on Drug Discovery and Therapy, **Oral**, 12-15 February 2012 , **Dubai, UAE**
- 33- **Zargaran A**, Ahmadi SA, Mojahedian MM, Mohagheghzadeh A. Medicinal Plants and Drugs from Ancient Persia. National Congress of Medicinal Plants, Poster, 16-17 May 2012, Kish
- 34- **Zargaran A**, Kordafshari G, Mohagheghzadeh A. Ophtalmic dosage forms in traditional Persian medicine. 16th Iranian pharmacy students' seminar, Poster, 15-17 October 2011.
- 35- **Zargaran A**, Ahmadi SA, Mohagheghzadeh A. Pharmacy in ancient Persian manuscripts. 40th international congress for the history of pharmacy, **Oral**, 14-17 September 2011, **Berlin, Germany**
- 36- **Zargaran A**, Mohagheghzadeh A, Daneshamouz S. Jorghedan, a historical tool for pediatric feeding. 5th international congress of international society for history of Islamic medicine, **Oral**, 25-28 October 2010, **Istanbul, Turkey**
- 37- **Zargaran A**, Mohagheghzadeh A, Daneshamouz S. Pharmaceutical vessels from ancient Persia, 39th international congress for the history of pharmacy, **Oral**, 16-19 September 2009, **Vienna, Austria**
- 38- **Zargaran A**, Mohagheghzadeh A, Ghasemi Y, Abolhasanzadeh Z. Pharmaceutical sciences from ancient Persia, The 11th Iranian pharmaceutical sciences conference, Poster, 18-21 August 2008, Kerman, Iran
- 39- **Rajabli N, Zargaran A**, Mohagheghzadeh A. Health and hygiene sciences from ancient Persia, The 11th Iranian pharmaceutical sciences conference, Poster, 18-21 August 2008, Kerman, Iran
- 40- **Zargaran A**, Mohagheghzadeh A, Ghasemi Y, Daneshamouz S, Rajabli N. Cosmetic sciences in ancient Persia. 3rd international congress on traditional medicine and materia medica, poster, 17-20 July 2007, **Kuala Lumpur, Malaysia**
- 41- **Zargaran A**, Mohagheghzadeh A, Ghasemi Y, Morowat MH. Medical ethics in ancient Persia, The 1st international congress of medical law, Poster, 14-15 Nov 2007, Tehran, Iran
- 42- **Ahmadi SA, Zargaran A**, Sayyadi S, Mohagheghzadeh A. Study of patient's law on Islamic and Iranian Bimarestans. 3th International Congress on Medical Law, Kish (Iran). 22-24 Feb 2011 (Poster).

- 43- **Yarmohammadi H, Zargaran A**, Mashhadi M, Behnam M, Yousefimanesh H, Mohagheghzadeh A. Women's medical law from ancient Persia. 3th International Congress on Medical Law, Kish (Iran). 22-24 Feb 2011 (Poster).
- 44- **Zargaran A**, Yarmohammadi H, Ahmadi SA, Yousefimanesh H, Mohagheghzadeh A. Medical ethics from ancient Persia. 3th International Congress on Medical Law, Kish (Iran). 22-24 Feb 2011 (Poster).

PUBLICATIONS

A. CHAPTERS IN BOOKS AND BOOKS

1. **Zargaran A**, Naghizadeh A. A Short Introduction to Persian Medicine. Tehran: Tehran University of Medical Sciences; 2024. [in English]
2. **Zargaran A**. *Matricaria chamomilla* L. In: *Therapeutic Medicinal Plants in Traditional Persian Medicine*. CRC Press, 2023 Jun 6 (pp. 123-132). [in English]
3. **Zargaran A**. Persian Medicine 2022. Tehran: Ministry of Health, Treatment and Medical Education; 2023. [in English]
4. **Zargaran A**. Persian Medicine 2020. Tehran: Ministry of Health, Treatment and Medical Education; 2021. [in English]
5. **Zargaran A**. An Introduction to Medicine in Sassanid Era. Tehran: Chogan; 2019. [in Persian]
6. **Zargaran A**, Zarshenas MM. Geriatric Management in Persian Medicine. In: *Encyclopedia of Gerontology and Population Aging*. Cham: Springer International Publishing; 2022. pp. 2129-2133.
7. **Zargaran A**. Persian Medicine 2018. Tehran: Ministry of Health, Treatment and Medical Education; 2019. [in English]
8. **Zargaran A**, Ayati MH, Mojahedian MM. One Decade Education and Research in Persian Medicine. Tehran: Iranian Teb; 2018. [in Persian]
9. Mojahedian MM, **Zargaran A**, Ayati MH. One Decade Presenting Pharmaceutical Services in Persian Medicine. Tehran: Iranian Teb; 2018. [in Persian]
10. **Zargaran A**, Raeisdana A, Amin GR. A Guide to Research and Publication in Ethnopharmacology. Tehran: Iranian Teb; 2017. [in Persian]
11. **Zargaran A**, Zarshenas MM. The History of Pharmacopeias in Iran (Persia): From Antiquity to Current Era. In: *Working Group History of Pharmacopeia, International Society for the History of Pharmacy*, 2017. [in English]
12. **Zargaran A**. A Short Guide for Physicians: Alternative and Complementary Herbal and Traditional Drugs for Common Diseases, vol. 1. Tehran: Chogan, 2016. [in Persian]
13. **Zargaran A**. A Short Introduction to Scientific Writing of Medical History, Traditional Pharmacy and Medicine papers. Tehran: Chogan, 2016. [in Persian]
14. Raeisjalali GA, Mehdizadeh A, **Zargaran A** (Eds.). *History of Shiraz Medical School*. Shiraz: Research Office for the History of Persian Medicine, 2015. [in Persian]
15. Mohagheghzadeh A, **Zargaran A**, Daneshamouz S, Ardakani S, Ghasemi Y. The Knowledge of Cosmetics in Ancient Persia. In: *Article collections on the honor of Professor Dr. Karim Vesal*. Tehran: Iranian Academy of Medical Sciences Publications, 2007. [in Persian]

B) PUBLISHED PEER-REVIEWED PAPERS

YEAR 2026

- 1- **Zargaran A.** New Strategies to Promote Iran's Role in EMRO by Supporting WHOCCs. *Med J Islam Repub Iran.* 2026;40:30.
- 2- **Zargaran A,** Mirghazanfari SM, Ziari K, Soleymani S. Effect of herbal cream made by frankincense (*Boswellia serrata* Roxb. Ex Colebr.) and yarrow (*Achillea millefolium* L.) on the incisional wound healing model in rats. *J Med Plants.* 2026; 25(97): 84–95.
- 3- Ince F, **Zargaran A.** Forensic medicine in early republican Türkiye: An archival analysis of institutional and medico-legal practices. *J Forensic Leg Med.* 2026;123:103241.
- 4- Tajik N, Ayati MH, Hosseini Yekta N, Ince F, **Zargaran A.** The Historical Evolution of Urinary Catheters: Contributions from the Islamic Golden Age (9th-13th Century CE). *Urology* 2026;207:317-321.
- 5- Ahansazan H, Ayati MH, Ince F, Zargaran A. Promising natural agents in psychopharmacology described by Rhazes in Al-Hawi and Liber Almansoris: a ninth-century paradigm. *Naunyn Schmiedebergs Arch Pharmacol.* 2026 Jun 22. [Epub ahead of print.] doi: 10.1007/s00210-026-05569-2.
- 6- Zargaran, A. The Role of Dr. Nafiseh Hosseini Yekta as the D.G. of Persian and Complementary Medicine (2020 - 2025) to Develop Persian Medicine. *Res Hist Med* 2026;15(1):1-2.

YEAR 2025

- 7- Orouji N, Zarrindast MR, Sadat-Shirazi MS, Memari AH, Karimi M, **Zargaran A.** The Effect of a Traditional Product, Hazelnut-Zante Currant Mixture, on an Animal Model of Autism. *Res J Pharmacog* 2025;12(3):49–66.
- 8- AfraF, **Zargaran A,** Namvar Sh, Shirzad N, Hemmatabadi M, Namazi S. Therapeutic Effects of Walnuts (*Juglans* L.): Insights from Randomized Controlled Trials. *J Pharm Care* 2025; 13(2): 128-143.
- 9- Ghazimoradi MM, **Zargaran A,** Naseri M. Opioid Abuse throughout History. *Res Hist Med* 2025;14(3):183–6.
- 10- Tajik N, Ghahremani Z, Ghezloo S, Irannejad S, **Zargaran A.** An early report of using protecting gloves by Hakim Mohammad, a Persian surgeon (16th century CE). *Acta Chir Belg* 2025;125(4):222-5.
- 11- Marashi SM, Soleymani S, Safari AA, Salehi Marzijarani M, Azimaraghi O, Javanmard M, Karimi M, **Zargaran A.** The Anxiolytic Effects of *Melissa officinalis* L. on Patients Awaiting Surgery: A Randomized Double-Blind Placebo-Controlled Clinical Trial. *Trad Integr Med* 2025;10(1):8-13.
- 12- Arabian S, Sadr M, Ayati MH, Ince F, **Zargaran A.** The earliest report of smallpox oral vaccination by Bahā' al-Dawlah Rāzī in the 16th century. *Vaccine* 2025;52:126949.

- 13- **Zargaran A.** Approval of the World Health Organization Traditional Medicine Strategy Document (2025-2034). *J Islam Iran Trad Med* 2025;16(1):1-2.
- 14- Basak R, Shirbeigi L, **Zargaran A.** Hot swellings (*Uram Har*) from the perspective of the Hakims of Islamic civilization (3rd to 7th century AH). *J Islam Iran Trad Med* 2025;16(1):49-56.

YEAR 2024

- 15- Shahbazi M, Alavian SM, Karimi M, Moradi G, SeyedAlinagh S, **Zargaran A,** Rezaizadeh H. The Effectiveness of Rivandi Syrup on Non-Alcoholic Fatty Liver Disease (NAFLD): A Double Blind Randomized Clinical Trial. *Iran Red Crescent Med J* 2024;69:1-7.
- 16- Mahlooji K, Jalilian S, **Zargaran A.** Kavad's, The Sassanid King's Contribution to Making Khuzestan Region Iran's Medical Hub in the early 6th century CE. *Res Hist Med* 2024;13(3):225-8.
- 17- Orouji N, Karimi M, Sadat-Shirazi MS, **Zargaran A.** A Narrative Review of Effective Herbal and Traditional Medicines on Management of Autism. *Trad Integr Med* 2024;9(4):478-487.
- 18- Heydari M, Zadeh HK, Namazi S, Koochak HE, Rad NK, Khanavi M, **Zargaran A.** Evaluation of the Effect of “Honey Zufa” Herbal Syrup on Cough in Hospitalized Patients With COVID-19: A Double Blind Randomized Clinical Trial. *Acta Medica Iranica* 2024;62(3):144-54.
- 19- Adel-Mehraban MS, Karimi M, Alipour R, Mirali Z, Ghaem H, **Zargaran A,** Mirzaei K, Kazemi AH. Effectiveness of acupuncture and a cumin-based herbal formula on anthropometric indices of overweight patients: a randomized double-blind placebo-controlled clinical trial. *J Diabetes Metab Disord* 2024;23(2):2329-2341.
- 20- Mohammadi-Araghi M, Tabarrai M, **Zargaran A,** Nejatbakhsh F. Bitter Taste in the Treatment of Heart Diseases from Avicenna’s Point of View. *Trad Integr Med* 2024;190-4.
- 21- **Zargaran A,** Soleymani S, Mazhari M, Mirghazanfari SM. Wound Healing Agents as Described by Avicenna in the Canon of Medicine. *Trad Integr Med* 2024;105-13.
- 22- Dehparvar N, Ghaffari F, **Zargaran A,** Naseri M. The Roots of Uterine Tubes Discovery in Medieval Persia. *Res Hist Med* 2024;13(2):147-50.
- 23- **Zargaran A.** Ethnopharmacology, generations experience for the future of pharmacy and medicine. *J Drug Res Ayurvedic Sci* 2024;9(2):58-9.
- 24- **Zargaran A.** The Journal of Research on History of Medicine is indexed in SCOPUS. *Res Hist Med* 2024;13(1):1-2.
- 25- Rafiee S, Hossein-nezhad A, Maghbooli Z, **Zargaran A,** Emamgholipour S, Ghasemi A, Ahmadi M, Esmaeeli H, Karimi M. Effect of Padzahr Tablet on Biochemical Indices of Bone Remodeling in Postmenopausal Females with Osteopenia: A Randomized Double-Blind Placebo-Controlled Trial: Effect of Padzahr Tablet on Biochemical Indices of Bone Remodeling. *Galen Med J* 2024;13:e2950.

YEAR 2023

- 26- **Zargaran A.** WHO World Traditional Medicine Summit 2023 in Gujarat: A Turning Point for Traditional Medicine Worldwide. *Trad Integr Med* 2023;333-4.
- 27- Bordbar M, Vahidifar M, Zarshenas MM, Haghpanah S, Zareifar S, Shahriari M, Zekavat OR, Karimi M, Fathpour G, **Zargaran A**, Shakibazad N. The efficacy of *Allium ampeloprasum* L. in reducing neutrophil recovery time in childhood cancer with febrile neutropenia: a randomized, double-blind, placebo-controlled trial. *Am J Blood Res* 2023;13(5):143.
- 28- Afra F, **Zargaran A**, Shirzad N, Hemmatabadi M, Ebrahimpur M, Karimi M, Khanavi M, Mirshekari M, Namazi S. The hypoglycemic effects of *Juglans regia* L. internal septum in type 2 diabetic patients: A double-blind, randomized, placebo-controlled clinical trial. *J Cardiovasc Thorac Res* 2023;15(3):145.
- 29- Abbassian A, Massoud A, Naseri M, Kamalinejad M, Mohseni-Moghaddam P, Emadi F, **Zargaran A**. Anti –Inflammatory Effect of Methanolic and Aqueous Extracts of *Urtica pilulifera* L. Seed in Rats. *Trad Integr Med* 2023; 8(2): 144-148.
- 30- Hamdi H, Shirbeigi L, Rahimzadeh M, Firooz A, Amin G, Mousavizadeh K, **Zargaran A**. Evaluation of the Effect of *Artemisia Absinthium* L. Eye-Cream on Infra-Orbital Dark Circle: A Randomized, Double-Blind, Placebo-Controlled Clinical Trial. *Galen Med J* 2023; 12: e2413-e2413.
- 31- Ince F, Mahlooji K, Keskinbora KH, **Zargaran A**. Rhazes' (865-925 CE) contribution to surgery in Liber Almansoris. *Acta Chir Belg* 2023;123(2): 212–217.
- 32- **Zargaran A**. The New Approach of the World Health Organization to the Greater Use of Traditional Medicine in Universal Health Coverage. *J Islamic Iranian Trad Med* 2023;14(2):1-2.
- 33- **Zargaran A**. History of Medicine: Medicine or History? *Res Hist Med* 2023;12(2):77-78.
- 34- Mirshekari M, **Zargaran A**, Shirzad N, Hemmatabadi M, Khanavi M, Ebrahimpur M, Afra F, Namazi S. Effect of *Juglans regia* L. Ridge on Blood Lipids in Type 2 Diabetic Patients with Dyslipidemia: A Double-blind Placebo-Controlled Randomized Clinical Trial. *Pharmaceut Sci* 2023;29(2):182-9.
- 35- **Zargaran A**. Persian Medicine National Coding for Classification of Diseases will be Implemented in ICD-11 TM2. *Res Hist Med* 2023;12(1):1-2.
- 36- Noroozi S, Karimi M, Farahani AV, Omid N, **Zargaran A**, Soleymani S, Alaeddini F, Rezaeizadeh H. Efficacy of Chamomile-Lemon Balm Syrup in Patients with Conventional Drug-Resistant Cardiac Syndrome X: A Single-Arm Clinical Trial. *Crescent J Med Biolog Sci* 2023;10(2):73-80.

YEAR 2022

- 37- Karimi M, **Zargaran A**, Alipour R. Author's reply. *J Acupunct Meridian Stud* 2022;15(5):279-280.

- 38- **Zargaran A.** New President of International Society for the History of Pharmacy for 2023-2024. *Res Hist Med* 2022; 11(4): 231-232.
- 39- Setayesh M, Karimi M, **Zargaran A**, Abousaidi H, Shahesmaeili A, Amiri F, Hasheminasab FS. Efficacy of a Persian herbal medicine compound on coronavirus disease 2019 (COVID-19): A randomized clinical trial. *Integr Med Res* 2022;11(3):100869.
- 40- Roohnavaz M, Tekiner H, Ardakani MR, **Zargaran A.** Abu Reyhan Biruni (973-1048 CE): The Pioneer in Clarifying the Role of Pharmacy in Medical Practice. *Trad Integr Med* 2022; 7(3): 357-360.
- 41- **Zargaran A.** Michael Servetus, Doctor of Medicine-Reply. *JAMA Cardiol* 2022;7(8):877.
- 42- **Zargaran A.** The Impact of History of Medicine on Scientific Society. *Res Hist Med* 2022;11(2):73-4.
- 43- Tajik N, Mohseni Seifabadi M, Musakazemi N, **Zargaran A.** Albucasis (936-1013), a pioneer in tonsillectomy. *Acta Chir Belg* 2022;122(6):446-450.
- 44- Karimi M, Kazemi AH, Asadi A, Zarei A, **Zargaran A**, Moravej SAA, Jazayeri SF, Nabavian O, Ahmadi SA, Alipour R. Warm Cupping of the Posterior Thorax in Combination with Standard Conventional Therapy for ARDS in COVID-19 Patients in ICU: a Case Series. *J Acupunct Meridian Stud* 2022;15(3):194-200.
- 45- Hamdi H, Soleymani S, **Zargaran A.** The Early Historical Report of Alcohol Hepatotoxicity in Minooye Kherad, a Pahlavi Manuscript in Ancient Persia, 6th Century CE. *Caspian J Intern Med.* 2022; 13(2): 431-435.
- 46- Affi E, Soleymani S, **Zargaran A.** Rhazes' Contributions to Alchemy and Pharmacy. *Shiraz E Med J.* 2022; 23(2): e111526
- 47- Soleymani S, Naghizadeh A, Karimi M, Zarei A, Mardi R, Kordafshari G, Esmaealzadeh N, **Zargaran A.** COVID-19: General Strategies for Herbal Therapies. *J Evid Based Integr Med.* 2022;27:2515690X211053641.
- 48- **Zargaran A.** Pulmonary Circulation Discovery Before Ibn Nafis-Ancient Persian and Greek Theories: A Narrative Review. *JAMA Cardiol.* 2022;7(1):105-107.
- 49- Soleymani S, Ayati MH, Mansourzadeh MJ, Namazi N, **Zargaran A.** The effects of Silymarin on the features of cardiometabolic syndrome in adults: A systematic review and meta-analysis. *Phytother Res.* 2022;36(2):842-856.
- 50- Badrlou F, Ghaffari F, **Zargaran A.** Introducing Shams al-Din Muhammad Jilani and a review of the structure and context of his book Qarabadin (Pharmacopeia). *J Islamic Iranian Trad Med.* 2022; 12(4): 293-312.

YEAR 2021

- 51- Noroozi S, **Zargaran A**, Karimi M. Medicinal herbs: Potential polypills in cardiovascular diseases. *J Clin Hypertens (Greenwich).* 2021;23(4):895-896.
- 52- Karimi M, Rohani S, Akbari MG, Kargozar E, **Zargaran A**, Rahimi-Dehgolan S, Namiranian P, Razavi SZE. The efficacy of boswellia carterii oleogel in pain relief and functional improvement among patients with carpal tunnel syndrome: A triple-blind randomized, controlled trial. *Shiraz E Med J.* 2021; 22(9): e107952.
- 53- Darani NS, **Zargaran A**, Cooper GM, Abbassian A, Vaghasloo MA. Hakim mohammad azam khan chishti (1814-1902) and his book about Crisis in Diseases. *Trad Integr Med* 2021; 6(2): 166–173.

- 54- Islam MS, Azim F, Saju H, **Zargaran A**, Shirzad M, Kamal M, Fatema K, Rehman S, Azad MAM, Ebrahimi-Barough S. Pesticides and Parkinson's disease: Current and future perspective. *J Chem Neuroanat.* 2021;115:101966.
- 55- Moradbeygi K, Parviz M, Rezaeizadeh H, **Zargaran A**, Sahraian MA, Mehrabadi S, Nikbakhtzadeh M, Zahedi E. Anti-LINGO-1 improved remyelination and neurobehavioral deficit in cuprizone-induced demyelination. *Iran J Basic Med Sci.* 2021;24(7):900-907.
- 56- Mahlooji K, Abdoli M, Tekiner H, **Zargaran A**. A new evidence on pulmonary circulation discovery: A text of Ibn Luqa (860-912 AD). *Eur Heart J.* 2021;42(26):2522-2523.
- 57- Firoozeei TS, Feizi A, Rezaeizadeh H, **Zargaran A**, Roohafza HR, Karimi M. The antidepressant effects of lavender (*Lavandula angustifolia* Mill.): A systematic review and meta-analysis of randomized controlled clinical trials. *Complement Ther Med* 2021;59:102679.
- 58- **Zargaran A**. Covid 19: A Lesson for the History. *Res Hist Med* 2021;10(1):1-2.
- 59- Karimi M, Zarei A, Soleymani S, Jamalimoghaddamsiahkali S, Asadi A, Shati M, Jafari M, Rezadoost H, Kordafshar G, Naghizadeh A, Mardi R, Namiranian P, Khamechi SP, Ansari N, Adel Mehraban MS, Aliakbarzadeh H, Khanavi M, Esmaealzadeh N, Moravveji A, Salahi M, Khoi M, Razzaghi R, Banafshe HR, Alizadeh M, Akhbari M, Atharizadeh M, Izadikhah A, Elsagh M, Hossein Zade Ghahnavieh M, Eghbalian F, Vanai A, Izadi H, Moravej SAA, Jazayeri SF, Bayat H, Emadi Koochak H, **Zargaran A**. Efficacy of Persian medicine herbal formulations (capsules and decoction) compared to standard care in patients with COVID-19, a multicenter open-labeled, randomized, controlled clinical trial. *Phytother Res.* 2021;35(11):6295-6309.
- 60- **Zargaran A**. Admission to the Ph. D. Candidates in Medical History in Iran, 2021. *Res Hist Med* 2021;10(2):73-4.
- 61- **Zargaran A**, Karimi M, Rezaeizadeh H. COVID-19: Natural products and traditional medicines; Opportunity or threat? *Trad Integr Med.* 2021;6(1):1–2.
- 62- Arezaei H, **Zargaran A**. Autobiography of Qutb al-Din Shīrāzī (a Persian Physician in 14th Century AD) in His Manuscript, *Al-Tuhfa Al-Sa'Dīya*. *Acta Med Hist Adriat.* 2021;19(1):113-124.
- 63- Rajabpour Shirazi Z, **Zargaran A**. Ten Years with the Journal of Research on History of Medicine (RHM). *Res Hist Med* 2021;10(4):261-70.
- 64- Ghaffari F, Bahaeddin Z, Naseri M, **Zargaran A**. Persian Medicine and the Development of Theorizing in Today's Medical World. *Culture and Health Promotion* 2021;4(4): 455-64.
- 65- Firouzi R, Asghari M, Nojavan F, Aliasl F, **Zargaran A**, Mohammadbeigi A, Moradi H. New Concepts for the Management of Atherosclerosis from Persian Medicine. *Crescent J Med Biolog Sci* 2021;8(2):161-5.

YEAR 2020

- 66- Soleymani S, Tajik N, Karimi M, **Zargaran A**. The Early Report of Herpetic Whitlow by Bahal-Dawlah Razi in 15th Century CE. *Infez Med* 2020;28(3): 450-2.
- 67- Bagherzadeh karimi A, Elmi A, **Zargaran A**, Mirghafourvand M, Fazljou SMB, araj-Khodaei M., Baghervand Navid R. Clinical effects of date palm (*Phoenix*

- dactylifera L.): A systematic review on clinical trials. *Complement Therap Med* 2020; 51:102429
- 68- Naghizadeh A, **Zargaran A**, Karimi M. The Heart-Healthy Avicennian Diet for Prevention of Heart Disease. *Eur Heart J* 2020;41(15):1465-6.
 - 69- Soleymani S, **Zargaran A**, Farzaei MH, Iranpanah A, Heydarpour F, Najafi F, Rahimi R. The effect of a hydrogel made by *Nigella sativa* L. on acne vulgaris: A randomized double-blind clinical trial. *Phytotherapy Res* 2020;34(11):3052-62.
 - 70- Soleymani S, Farzaei MH, **Zargaran A**, Niknam S, Rahimi R. Promising plant-derived secondary metabolites for treatment of acne vulgaris: a mechanistic review. *Arch Dermatol Res.* 2020;312(1):5-23.
 - 71- Shabaninezhad E, Soleymani S, Khalili MR, Mehdizadeh AR, **Zargaran A**. Management of Cataract in Avicenna's Canon of Medicine. *Res Hist Med* 2020;9(4):291-8.
 - 72- Hatami K, Kazemi-Motlagh AH, Ajdarkosh H, **Zargaran A**, Karimi M, Mehrizi AA, Kenari HM. Management of Hemorrhoid Complications in Persian Medicine. *Crescent Journal of Medical and Biological Sciences* 2020;7(4):457-466.
 - 73- Hatami K, Kazemi-Motlagh AH, Ajdarkosh H, **Zargaran A**, Karimi M, Shamshiri AR, Ghadir MR. Comparing the Efficacy of Cumin Sofouf With Mebeverine on Irritable Bowel Syndrome Severity and Quality of Life: A Double-blind Randomized Clinical Trial. *Crescent Journal of Medical and Biological Sciences* 2020;7(2):186-194.
 - 74- Ahmed S, **Zargaran A**. Contributions of Avicenna to surgery and anesthesiology. *Acta chirurgica Belgica.* 2020; 120(3): 204-11.
 - 75- Firoozeei TS, Barekatin M, Karimi M, **Zargaran A**, Akhondzadeh S, Rezaeizadeh H. Lavender and dodder combined herbal syrup versus citalopram in major depressive disorder with anxious distress: A double-blind randomized trial. *J Integr Med* 2020; 18(5):409-15.
 - 76- Taghavi-Shirazi M, Ghods R, Hashem-Dabaghian F, **Zargaran A**. Abu-Sahl al-Masihi (died circa 1010 AD): The Persian physician in the early medieval era. *J Med Biogr* 2020;28(3):132-5.
 - 77- **Zargaran A**. Article Collection for the Papers of the 2nd International Congress on the History of Medicine in Iran and Islam. *Res Hist Med* 2020;9(1):1-2.
 - 78- Mahlooji K, Abdoli M, **Zargaran A**. Gabigaj: A Persian Herb for Protecting Manuscripts against Fungies and Insects from Safavid Era (1501-1722AD). *Res Hist Med* 2020;9(1):63-8.
 - 79- **Zargaran A**. Changes in Referencing Style of the Journal of Research on History of Medicine. *Res Hist Med* 2020; 9(4): 245-246.
 - 80- **Zargaran A**. The Role of Prof. Dr. Mohammad Reza Shams Ardekani to Promote Persian Medicine, as Director General of Persian Medicine Office at Iranian Ministry of Health and Medical Education (2019-2020). *Res Hist Med* 2020; 9(3): 161-162.

YEAR 2019

- 81- **Zargaran A.** Reviewing Methodology of Research in History of Medicine and Writing Thesis. *Res Hist Med* 2019; 8(4): 199-202.
- 82- Tavolinejad H, Soltani D, **Zargaran A**, Rezaeizadeh H, Vasheghani-Farahani A. The Story of Amiodarone. *Eur Heart J* 2019;40(33):2758-2759.
- 83- Hossain Hashemi Z, Kasiri M, Montazerghaem A, **Zargaran A.** Bath, Its Preventive and Therapeutic Approach in Iranian Medicine. *Journal for the History of Science* 2019;17(1):135-55.
- 84- Hadian F, Varshochi M, Feyzabadi Z, **Zargaran A**, Besharat M, Mousavi Bazzaz M. Management of Fever in Children based on Persian Medicine. *Int J Pediatr* 2019; 7(12): 10553-563.
- 85- Hadian F, Varshochi M, Feyzabadi Z, **Zargaran A**, Besharat M, Mousavi Bazzaz M. Medicinal Herbs Useful in Pediatric Fever from the Perspective of Persian Medicine. *Int J Pediatr* 2019; 7(9): 10087-98.
- 86- Khosravi F, **Zargaran A.** A Brief Review about the Effect of Honey on Diabetic Foot Ulcer; from In Vitro Studies to Clinical Trials. *Res J Pharmacog* 2019;6(3):85-91.
- 87- Andarkhor P, Khodadoost M, Kamalinejad M, Talaei R, Gachkar L, **Zargaran A.** Twelve vegetables used for prevention and treatment of hemorrhoids in Persian Medicine. *J Tradit Chin Med* 2019;39(4):466-73.
- 88- Andarkhor P, Sadeghi A, Khodadoost M, Kamalinejad M, Gachkar L, Abdib S, **Zargaran A.** Effects of *Terminalia chebula* Retz. in treatment of hemorrhoids: A double - blind randomized placebo - controlled clinical trial. *Eur J Integr Med* 2019;30:100935.
- 89- Firouzi Bostan Abad R, Ghods R, **Zargaran A**, Moradi Dehnavi H. Management of Hypertension Based on Temperament Concept in Persian Medicine. *Complementary Medicine Journal* 2019; 9(3):3744-3747.
- 90- Hosseinkhani A, Montaseri H, Zarshenas MM, **Zargaran A.** Pharmacoeconomical concept in the Book of Rhazes, 10th Century AD. *Int J Preventive Med* 2019 ;10(1):109.
- 91- Monadi T, Azadbakht M, **Zargaran A**, Chabra A. Avicenna and Rhazes, two Persian scientists. *Acta Chir Belg* 2019;119(6):404-5.
- 92- Nadim M, **Zargaran A.** Smallpox eradication in Shiraz during 1926 to 1941: the perspective of historical documents kept in national library of Iran, Fars province branch. *Iran J Pub Health* 2019;48(5):991-3.
- 93- Ayati MH, Pourabbasi A, Namazi N, **Zargaran A**, Kheiry Z, Kazemi AH, Larijan B. The necessity for integrating traditional, complementary, and alternative medicine into medical education curricula in Iran. *J Integr Med* 2019;17(4):296-301.
- 94- **Zargaran A.** The 2nd International Congress on History of Medicine in Iran and Islam. *Res Hist Med* 2019; 8(3): 197-8.
- 95- Abdoli J, Motamedi SA, **Zargaran A.** A Short Review on the History of Anesthesia in Ancient Civilizations. *Res Hist Med* 2019; 8(3): 147-56.
- 96- **Zargaran A**, Abbassian A. The Role of Dr. Mahmoud Khodadoust as the Highest Responsible for Traditional Medicine in Iranian Ministry of Health in Progress and Development of Persian Medicine. *Res Hist Med* 2019; 8(3): 133-4.
- 97- **Zargaran A.** New Strategies and Policies for the Journal of Research on History of Medicine, 2019. *Res Hist Med* 2019; 8(1): 1-2.

- 98- Derakhshan AR, Yousefi M, Dehghan S, **Zargaran A**, Khodadoost M. Digestion process and causes of indigestion based on Avicenna's view and modern medicine. *Trad Med Res*. 2019;4(3):140-7.
- 99- **Zargaran A**. Unveiling the book of Persian medicine—the official document of Persian medicine in Iran and delivering it to the WHO representative. *Trad Med Res*. 2019;4(3):109-10.
- 100- Ansaripour M, Naseri M, Esfahani MM, Nabipour I, Rakhshani F, **Zargaran A**, Kelishadi R. Periconceptional care and offspring health at birth and long term, from the perspective of Avicenna. *J Integr Med*. 2019 ;17(2):80-86.
- 101- Adalat M, Khalili M, Ayromlou H, Haririan S, Fazljou SMB, Rezaeizadeh H, Safari AA, **Zargaran A**. Antidepressant effects of a Persian medicine remedy on multiple sclerosis patients: a double-blinded randomized clinical trial. *Galen Med J*. 2019; 8: 1212.

YEAR 2018

- 102- Hemmati Tarahomi F, **Zargaran A**, Mojahedi M, Mozafarpour SA, Abdollahi M. The Vegetation Place of Human and Animals from the Perspective of the Mythology of Creation in Ancient Persia. *Res Hist Med* 2018;7(4): 229-236.
- 103- Kolahdooz S, Karimi M, Esmaili N, **Zargaran A**, Kordafshari G, Mozafari N, Ayati MH. Evaluation of the efficacy of a topical chamomile-pumpkin oleogel for the treatment of plaque psoriasis: an intra-patient, double-blind, randomized clinical trial. *Biomed Res Ther* 2018; 5(11):2811-9.
- 104- Akhtari M, **Zargaran A**, Khodadoost M, Alizaheh Vaghasloo M, Shams MA, Rahimi R, Shirzad M, Zakeri S, Mojahedi M. Toward uniforming the frequent vocabulary of basic principles in Persian medicine. *Res Hist Med* 2018; 7(4):
- 105- Bagheri S, Ebadi N, Taghipour Z, Toliyat T, Mirabzadeh Ardakani M, **Zargaran A**. Persian Medicine Herbal Therapies for Osteoarthritis: a Review of Clinical Trials. *Res J Pharmacognosy* 2018;5(4):75-81
- 106- Adalat M, Khalili M, Ayromlou H, Haririan S, Rezaeizadeh H, Safari AA, **Zargaran A**. Anti-Fatigue and Hypnotic Effects of a Traditional Herbal Extract on Multiple Sclerosis Patients: A double blind randomized clinical trial. *Middle East J Family Med* 2018; 16(8): 22-31.
- 107- **Zargaran A**, Borhani-Haghighi A, Salehi-Marzijarani M, Faridi P, Daneshamouz S, Azadi A, Sadeghpour H, Sakhteman A, Mohagheghzadeh A. Evaluation of the effect of topical chamomile (*Matricaria chamomilla* L.) oleogel as pain relief in migraine without aura: a randomized, double-blind, placebo-controlled, crossover study. *Neurol Sci* 2018; 39(8):1345-1353.
- 108- Setayesh M, **Zargaran A**, Sadeghifar AR, Salehi M, Rezaeizadeh H. New candidates for treatment and management of carpal tunnel syndrome based on the Persian Canon of Medicine. *Integr Med Res* 2018;7(2):126-135.
- 109- **Zargaran A**. Editorial: Integrative Approach to Manage Neurological Disorders. *Curr Drug Metab* 2018;19(5):384.
- 110- Esmian M, **Zargaran A**. Avicenna's Description of Corneal Edema: The Early Report in the History. *Res Hist Med* 2018; 7(3): 165-8.
- 111- Firouzi Bostanabad R, **Zargaran A**, Ghods R, Asghari M, Nojavan F, Moradi Dehnavi H. Heart history taking and physical examination from the perspective of Persian medicine. *J Islam Iran Trad Med* 2018; 9(2):129-37.

- 112- **Zargaran A.** The Importance of Attention to History of Medicine Major in Iran. *Journal of Research on History of Medicine*, 2018; 7(2): 67-68.
- 113- Soleymani S, **Zargaran A.** Kohl: an ophthalmic dosage form in Persian medicine, 1555 to 1853. *Pharm Hist (Lond.)* 2018; 48(2): 43-7.
- 114- Moosavyzadeh A, Ghaffari F, Mosavat SH, **Zargaran A**, Mokri A, Faghihzadeh S, Naseri M. The medieval Persian manuscript of Afyunieh: the first individual treatise on the opium and addiction in history. *J Integr Med* 2018;16(2):77-83.
- 115- Soleymani S, **Zargaran A.** From Food to Drug: Avicenna's Perspective, a Brief Review. *Res J Pharmacognosy (RJP)* 2018; 5(2): 65-69.
- 116- Moallemi M, Siamian H, **Zargaran A.** A Historical Report of 9th Century AD surgical fat removal. *Dermatol Surg* 2018;44(6):886.
- 117- Soleymani S, **Zargaran A.** A Historical Report on Preparing Sustained Release Dosage Forms for Addicts in Medieval Persia, 16th Century AD. *Subst Use Misuse* 2018; 53(10):1726-1729.
- 118- Tajik N, **Zargaran A**, Kermani-Alghoraishi M. The heart in embryology. *Eur Heart J* 2018;39(3):191-192.
- 119- Khodaie SA, Ghaffari F, Naseri M, **Zargaran A.** Hakim Mohammad: A Persian Military Surgeon in Safavid Era (1501-1736 CE). *World J Surg* 2018; 42(8):2421-2427.

YEAR 2017

- 120- Hajiheydari MR, Yarmohammadi ME, Izadi P, Jafari F, Emadi F, Emaratkar E, Reza Abtahi SH, **Zargaran A**, Naseri M. Effect of *Nepeta bracteata* Benth. on allergic rhinitis symptoms: A randomized double-blind clinical trial. *J Res Med Sci* 2017;22:128.
- 121- Ghaffari F, Naseri M, Jafari Hajati R, **Zargaran A.** Rhazes, a pioneer in contribution to trials in medical practice. *Acta Med Hist Adriat* 2017;15(2):261-270.
- 122- Rezaeipour N, Jafari F, Rezaeizadeh H, Nasser M, Kamalinejad M, Ghobadi A, Shamsipour M, **Zargaran A**, Ameri A. Efficacy of a Persian Medicine Herbal Compound (*Alcea digitata* Alef and *Malva sylvestris* L.) on Prevention of Radiation Induced Acute Mucositis in Patients with Head and Neck Cancer: A Pilot Study. *Int J Cancer Manag* 2017 ;10(9):e8642.
- 123- Nouri F, Naseri M, Esfahani MM, Mohammadi-Farsani G, **Zargaran A.** Nutrition therapy in ancient and medieval Persia. *Iran Red Crescent Med J* 2017; 19(11):e13716.
- 124- Kordafshari G, Kenari HM, Nazem I, Moghimi M, Shams Ardakani MR, Keshavarz M, **Zargaran A.** The Role of Nature (*Tabiat*) in Persian Medicine. *Trad Integr Med* 2017;2(4):177-181.
- 125- Nadim M, **Zargaran A.** The impact of anatomy in Avicenna's works. *Int J Cardiol* 2017;247:50.
- 126- **Zargaran A.** Avicenna or Ibn Nafis; who did mention to the role of coronary arteries in blood supply of the heart? *Int J Cardiol* 2017;247:47.

- 127- **Zargaran A.** Finding Iranian Society for the History of Pharmacy as the Member of International Society for the History of Pharmacy. *Res Hist Med* 2017;6(3): 117-8.
- 128- **Zargaran A**, Sakhteman A, Faridi P, Daneshamouz S, Akbarizadeh AR, Borhani-Haghighi A, Mohagheghzadeh A. Reformulation of Traditional Chamomile Oil: Quality Controls and Fingerprint Presentation Based on Cluster Analysis of Attenuated Total Reflectance-Infrared Spectral Data. *J Evid Based Complementary Altern Med* 2017; 22(4):707-714.
- 129- **Zargaran A.** The Role of Prof. Dr. Mohammad Hadi Imanieh as the President of Shiraz University of Medical Sciences (2005-2017) in Progress of Medical History and Persian Medicine. *Res Hist Med* 2017; 6(4): 205-6.
- 130- Kordafshari G, Ardakani MR, Keshavarz M, Esfahani MM, Nazem I, Moghimi M, **Zargaran A**, Kenari HM. Cupping therapy can improve the quality of life of healthy people in Tehran. *J Trad Chin Med* 2017;37(4):558-62.
- 131- Farjadmand F, Shams Ardekani MR, **Zargaran A.** Wines as pharmaceutical dosage forms in 'Amal Saleh', as the last Persian Pharmacopeia in the Zand era. *Pharm Hist (Lond.)* 2017; 47(1):8-10.
- 132- Kordafshari G, Ardakani MR, Keshavarz M, Esfahani MM, Nazem E, Moghimi M, **Zargaran A**, Kenari HM. The Role of Phlebotomy (Fasd) and Wet Cupping (Hijamat) to Manage Dizziness and Vertigo from the Viewpoint of Persian Medicine. *J Evid Based Complementary Altern Med* 2017;22(3):369-73.
- 133- **Zargaran A.** Obituary; Prof. Dr. Mohammad Mehdi Esfahani (1945-2017). *Trad Integr Med* 2017;2(2):53.
- 134- **Zargaran A.** Obituary of Dr. Mohammad Mehdi Isfahani. *Res Hist Med* 2017; 6(2): 115-6.
- 135- Abdoli M, Mahlooji K, Mozaffarpur SA, **Zargaran A.** The cardiac auricles. *Eur Heart J* 2017;38(5):313-314.
- 136- Babajafari S, Nikaein F, Mazloomi SM, Zibaeenejad MJ, **Zargaran A.** The effects of *Satureja hortensis* L. dried leaves on serum sugar, lipid profiles, hs-CRP, and blood pressure in metabolic syndrome patients: A double-blind randomized clinical trial. *Iran Red Crescent Med J* 2017; 19(1):e34931.
- 137- Hashempur MH, Ghasemi MS, Daneshfard B, Ghoreishi PS, Nasiri Lari Z, Homayouni K, **Zargaran A.** Efficacy of topical chamomile oil for mild and moderate carpal tunnel syndrome: A randomized double-blind placebo-controlled clinical trial. *Complement Ther Clin Pract.* 2017; 26: 61-67.
- 138- Baranifard M, Khazaei MM, Jamshidi S, Zarshenas MM, **Zargaran A.** A critical comparison between dosage forms in traditional Persian pharmacy and those reported in current pharmaceutical sciences. *Res J Pharmacognosy (RJP)* 2017; 4(3): 67-74.
- 139- Khodaei MA, Noorbala AA, Parsian Z, Targhi ST, Emadi F, Alijaniha F, Naseri M, **Zargaran A.** Avicenna (980-1032CE): The pioneer in treatment of depression. *Transylvanian Review* 2017; 25(17): 4377-89.
- 140- Yegane MS, Golshani SA, Emadi F, **Zargaran A**, Namdar H. Hakim Muhammad Sabzevari and Ghiaseddin Sabzevari, Two Iranian Physicians in the Court of Ottoman Sultans. *Res Hist Med* 2017;6(1): 53-60.

- 141- Zarshenas MM, **Zargaran A**, Blaschke M. Convenient, Traditional and Alternative Therapies for Cardiovascular Disorders. *Curr Pharm Des* 2017; 23(7): 1112-8.

YEAR 2016

- 142- **Zargaran A**, Arezaei H. Discovery of the pulmonary circulation. *Eur Heart J* 2016; 37(47): 3494.
- 143- **Zargaran A**. The Iranian National Collaboration for the History and Philosophy of Medicine. *Res Hist Med* 2016; 5(4): 181-182.
- 144- **Zargaran A**, Daneshamouz S, Kordafshari G, Mohagheghzadeh A. Renovation of a traditional Ergh-al-Nassa pill (Hab) to a standard Pharmaceutical molded tablet. *Pak J Pharm Sci* 2016; 29(5): 1703-1709.
- 145- **Zargaran A**, Faridi P, Daneshamouz S, Borhani-Haghighi A, Azadi A, Hashempur MH, Mohagheghzadeh A. Renovation and Standardization of a Historical Pharmaceutical Formulation from Persian Medicine: Chamomile Oil. *Trad Integr Med* 2016; 1(3): 108-114.
- 146- Farjadmand F, Shams Ardekani MR, **Zargaran A**. Galen's book on sphygmology. *Int J Cardiol* 2016; 221:333-4.
- 147- **Zargaran A**. The Report of Research Office for the History of Persian Medicine Activities. *Res Hist Med* 2016; 5(3): 117-118.
- 148- **Zargaran A**, Zarshenas MM. The discovery of pulmonary circulation in ancient Persia. *Eur Heart J* 2016; 37(19):1491-2.
- 149- **Zargaran A**. Prof. Dr Hassan Farsam. *Res Hist Med* 2016; 5(2): 95-6.
- 150- **Zargaran A**, Ajdari-Tafti M, Mosleh G, Askari F, Arabzadeh A, Ghannadi A. Avicenna's Contribution to Use Meats in Cardiovascular Diseases. *Trad Integr Med* 2016; 1(2): 52-3.
- 151- **Zargaran A**, Rahimi R. Response to: Final comment on the nationality of Ibni Sina. *Arch Gynecol Obstet* 2016; 293(4):929-30.
- 152- Zarshenas MM, Jamshidi S, **Zargaran A**. Cardiovascular aspects of geriatric medicines in traditional Persian medicine; a review of phytochemistry and pharmacology. *Phytomedicine* 2016; 23(11): 1182-9.
- 153- **Zargaran A**, Borhani-Haghighi A, Faridi P, Daneshamouz S, Mohagheghzadeh A. A review on the management of migraine in the Avicenna's Canon of Medicine. *Neurol Sci* 2016; 37(3): 471-8.
- 154- Zarshenas MM, **Zargaran A**, Mehdizadeh A, Mohagheghzadeh A. Mansur ibn ilyas (1380–1422 AD): a Persian anatomist and his book of anatomy, Tashrih-i Mansuri. *J Med Biogr* 2016; 24(1): 67-71.
- 155- **Zargaran A**. 10th Research meeting of the history of Persian and Islamic medicine under the Title of “the history of ancient Persian medicine”. *Res Hist Med* 2016; 5(1): 23-4.
- 156- Golshani SA, Pirouzan H, **Zargaran A**, Daneshfardn B. The perspective of Soryani School on flourishing medicine in ancient Persia and early centuries of Islam. *Res Hist Med* 2016; 5(1): 33-44.
- 157- Larijani B, Esfahani MM, Moghimi M, Shams Ardakani MR, Keshavarz M, Kordafshari G, Nazem E, Hasani Ranjbar S, Mohammadi Kenari H, **Zargaran A**. Prevention and treatment of flatulence from a traditional Persian medicine perspective. *Iran Red Crescent Med J* 2016; 18(4):e23664.

- 158- Baharvand-Ahmadi B, Bahmani M, **Zargaran A**. A brief report of Rhazes manuscripts in the field of cardiology and cardiovascular diseases. *Int J Cardiol* 2016;207:190-191.
- 159- **Zargaran A**, Rezaeizadeh H. The role of stomach in neurological disorders: 1000 years historical background. *Ann Gastroenterol* 2016;29(1):99-100.
- 160- Baharvand-Ahmadi B, Bahmani M, **Zargaran A**. Ibn Nafis and the early description of the role of coronary arteries in blood supply of the heart. *Int J Cardiol* 2016;204:131-2.
- 161- **Zargaran A**, Kordafshari G, Hosseini SR, Mehdizadeh A. Akhawayni (?-983 AD): a Persian Neuropsychiatrist in the Early Medieval Era (9th-12th C AD). *J Med Biogr* 2016;24(2):199-201.
- 162- Delfan B, Bahmani M, Kazemeini H, **Zargaran A**, Rafieian-Kopaei M, Asadi-Samani M, Shahsavari S. Identifying effective medicinal plants for hyperlipidemia: An ethnobotanical study in Lorestan Province, west of Iran. *Trad Integr Med* 2016; 1(1): 28-34.
- 163- Nabavizadeh MR, **Zargaran A**, Moazami F, Askari F, Sahebi S, Farhadpoor A, Faridi P. Comparison of the haemostatic activity of *Quercus persica* Jaub. & Spach. gall (oak) with ferric sulfate in bony crypts. *J Evid Based Complementary Altern Med* 2016;21(1):34-8.
- 164- **Zargaran A**, Rahimi R. Some clarifications on the Avicenna's nationality. *Arch Gynecol Obstet* 2016;293(1):221-2.
- 165- **Zargaran A**. Jundishapour: Myth or Reality? *Jundishapur Sci Med J* 2016; 15(suppl. 2): 11-8.
- 166- Mojahedi M, Mozaffarpur S, Isfahani M, Naseri M, Kamalinejad M, Khodadoust M, Keshavarz M, Amin G, Abbassian A, Najjari A, **Zargaran A**, Asghari M, Chooani R, Rezaeizadeh H. Research Priorities in Traditional Persian Medicine. *Res Hist Med* 2016; 5(2): 99-108.

YEAR 2015

- 167- Hashempur MH, Lari ZN, Ghoreishi PS, Daneshfard B, Ghasemi MS, Homayouni K, **Zargaran A**. A pilot randomized double-blind placebo-controlled trial on topical chamomile (*Matricaria chamomilla* L.) oil for severe carpal tunnel syndrome. *Complement Ther Clin Pract* 2015;21(4):223-8.
- 168- Larijani B, Esfahani MM, Moghimi M, Shams Ardakani MR, Keshavarz M, Kordafshari G, Nazem E, Hasani Ranjbar S, Mohammadi Kenari H, **Zargaran A**. Common Types of Diabetic Dosage Forms in Medieval Persia. *Pharm Hist (Lond.)* 2015; 45(4): 96-9.
- 169- Baharvand-Ahmadi B, Bahmani M, **Zargaran A**, Eftekhari Z, Saki K, Baharvand-Ahmadi S, Rafieian-Kopaei M. Ruta graveolens plant: A plant with a range of high therapeutic effect called cardiac plant. *Der Pharmacia Lettre* 2015;7 (11):172-3.
- 170- Heydari M, Shams M, Hashempur MH, **Zargaran A**, Dalfardi B, Borhani-Haghighi A. The Origin of the Concept of Neuropathic Pain in Early Medieval Persia (9th-12th Century CE). *Acta Medi Hist Adria* 2015; 13(Supp. 2): 9-22.
- 171- **Zargaran A**, Mehdizadeh A, Yarmohammadi H, Kiani H, Mohagheghzadeh A. Borzouyeh, an Ancient Persian Physician Who First Reported Uterine

- Contractions in Normal Vaginal Delivery. *Acta Medi Hist Adria* 2015; 13(Supp. 2): 23-8.
- 172- Škrobonja A, **Zargaran A**. Meeting on “Contributions from Old Persian-Arabic Medicine and its Reflections in the Medieval Medical Heritage” in Rijeka, Croatia-17 Oct 2015. *Res Hist Med* 2015;4(4):165-8.
- 173- **Zargaran A**. Shiraz Medical School in the History (1949 to present). *Res Hist Med* 2015;4(3):135-8.
- 174- Bahmani M, **Zargaran A**. Ethno-botanical medicines used for urinary stones in the Urmia, Northwest Iran. *Eur J Integr Med* 2015; 7(6):657-662.
- 175- Yarmohammadi H, Bahmani Kazeruni MM, Soofi A, **Zargaran A**. The first report of epidemic pertussis by *Bahadowlé Razi* from 15th century AD. *Iran Red Crescent Med J* 2015; 17(7): e13454.
- 176- **Zargaran A**, Rahimi R. Response to: Avicenna, a Persian scientist. *Arch Gynecol Obstet* 2015;292(3):475-6.
- 177- Ghaffari F, Naseri M, Movahhed M, **Zargaran A**. Spinal Traumas and their Treatments According to Avicenna's Canon of Medicine. *World Neurosurg* 2015; 84(1): 173-177.
- 178- **Zargaran A**. Global Duty: Attempts to Stop Destroying Historical Documents in Mesopotamia. *Res Hist Med* 2015; 4(2): 53-4.
- 179- Babajafari S, Nikaein F, Mazloomi SM, Zibaeenejad MJ, **Zargaran A**. A Review of the Benefits of Satureja species on Metabolic Syndrome and Their Possible Mechanisms of Action. *J Evid Based Complementary Altern Med* 2015; 20(3): 212-223.
- 180- Kordafshari G, Mohammadi Kenari H, Esfahani MM, Shams Ardakani MR, Keshavarz M, Nazem E, Moghimi M, **Zargaran A**. Nutritional Aspects to Prevent Heart Diseases in Traditional Persian Medicine. *J Evid Based Complementary Altern Med* 2015; 20(1): 57-64.
- 181- Zarshenas MM, **Zargaran A**. A review on the Avicenna's contribution to the field of cardiology. *Int J Cardiol* 2015; 182: 237-41.

YEAR 2014

- 182- Kardeh S, Choopani R, Mahmoudi Nezhad GS, **Zargaran A**. The Urinary Catheter and Its Significant Applications Described by Avicenna (980-1037 AD) in the Canon of Medicine. *Urology* 2014; 84(5): 993-6.
- 183- **Zargaran A**. Which term is better: Traditional Iranian Medicine or Persian Medicine. *Res Hist Med* 2014; 3(4): 197-198.
- 184- **Zargaran A**, Azizi A, Kordafshari G, Borhani-Haghighi A. Rhazes contribution to the role of nutrition in preventive medicine and public health. *Iran J Public Health* 2014; 43(10): 1461-1462.
- 185- Bahmani M, Rafieian-Kopaei M, **Zargaran A**. Ethnobotanical study of medicinal plants used in the management of diabetes mellitus in the Urmia, Northwest Iran. *Asian Pac J Trop Med* 2014; 7(S1): S348-54.
- 186- Bahmani M, **Zargaran A**, Rafieian-Kopaei M. Identification of medicinal plants of Urmia in treatment of gastrointestinal disorders. *Rev Bras Farmacognosia* 2014; 24: 468-80.
- 187- **Zargaran A**, Borhani-Haghighi A, Faridi P, Daneshamouz S, Kordafshari G, Mohagheghzadeh A. Potential effect and mechanism of action of topical

- Chamomile (*Matricaria chamomila* L.) oil on migraine headache: a medical hypothesis. *Med Hypothesis* 2014; 83(5):566-9.
- 188- Bahmani M, Rafieian-Kopaei M, Jeloudari M, Eftekhari Z, Delfan B, **Zargaran A**, Forouzan S. A review of the health effects and uses of drugs of plant licorice (*Glycyrrhiza glabra* L.) in Iran. *Asian Pac J Trop Dis* 2014; 4(Supp. 2): S847-S849.
- 189- **Zargaran A**. The Uniformity of the Words in Persian Medicine. *Res Hist Med* 2014; 3(3): 109-12.
- 190- Vessal K, Noorafshan A, Faridi P, **Zargaran A**, Mohagheghzadeh A. Using colors in anatomical figures, a novel method for medical education in Medieval Age. *Int J Cardiol* 2014; 175(1): 183-4.
- 191- **Zargaran A**, Borhani-Haghighi A. Akhawayni's interventions on treatment and management of stroke. *Int J Cardiol* 2014; 174(3): 850-1.
- 192- Dalfardi B, Yarmohammadi H, Sedighi M, **Zargaran A**. Al-Akhawayni and the Early Descriptions of Meningitis. *J Hist Neurosci* 2014; 23(2): 120-6.
- 193- **Zargaran A**. Ancient Persian medical views on the heart and blood in the Sassanid era (224-637 AD). *Int J Cardiol* 2014; 172(2): 307-312.

YEAR 2013

- 194- Yarmohammadi H, **Zargaran A**, Vatanpour A, Bahmani Kazerooni MH, Dalfardi B. Women's Medical Rights in Ancient Persia. *Res Hist Med* 2013; 2(4): 153-164.
- 195- Yarmohammadi H, **Zargaran A**, Vatanpour A, Abedini E, Adhami S. An investigation into the ancient abortion laws: comparing ancient Persia with ancient Greece and Rome. *Acta Med Hist Adriat* 2013; 11(2): 291-8.
- 196- **Zargaran A**, Zarshenas MM, Karimi A, Yarmohammadi H, Borhani-Haghighi A. Management of stroke as described by Ibn Sina (Avicenna) in the Canon of Medicine. *Int J Cardiol* 2013; 169(4): 233-7.
- 197- **Zargaran A**, Vessal K. From *Rete Mirabelle* to Willis circle, historical progress of medicine. *Int J Cardiol* 2013; 168(6): e154.
- 198- Hosseinkhani A, **Zargaran A**, Zarshenas MM, Mehdizadeh A. Abkama, the first reported antibiotic in gastritis and infections throughout history. *Pharm Hist (Lond.)* 2013; 43(2): 39-41.
- 199- **Zargaran A**. Alternative Medicine, Science or Pseudoscience? A Historical Review. *Res Hist Med* 2013; 2(3): 91-4.
- 200- Yarmohammadi H, Vatanpour A, Hosseinalhashemi M, **Zargaran A**. Monthly menstrual cycle in Bun-Dahišn, an ancient Persian Manuscript. *Res Hist Med* 2013; 2(4): 79-86.
- 201- Zargaran A, Yarmohammadi H, Mohagheghzadeh A. Origin of Bezoar or Pāt-zahr in Persian Medicine. *Pharm Hist (Lond.)* 2013; 43(2): 43.
- 202- Zarshenas MM, **Zargaran A**, Müller J, Mohagheghzadeh A. Nasal Drug Delivery in Traditional Persian Medicine. *Jundishapur J Nat Pharm Prod* 2013; 8(3): 144-8.
- 203- Heydri M, Hashempur MH, **Zargaran A**. Medicinal aspects of opium as described in Avicenna's Canon of Medicine. *Acta Med Hist Adria* 2013; 11(1): 101-12.

- 204- Hamed A, Zarshenas MM, Sohrabpour M, **Zargaran A**. Herbal medicinal oils in traditional Persian medicine. *Pharm Biol* 2013; 51(9):1208-18.
- 205- Mojahedian MM, Daneshamouz S, Mohamadi Samani S, **Zargaran A**. A novel method to produce solid lipid nanoparticles using n-butanol as an additional co-surfactant according to the o/w microemulsion quenching technique. *Chem Phys Lipids* 2013; 174C: 32-8.
- 206- Zargaran A. The First Abumaher Shirazi Award (2012) for Researchers in the Field of History of Medicine. *Res Hist Med* 2013; 2(2): 77-8.
- 207- Karimi A, **Zargaran A**, Borhani-Haghighi A. Avicenna's description of Willis circle. *Int J Cardiol* 2013; 168(3): 3041.
- 208- Shabaninezhad E, **Zargaran A**, Mehdizadeh A, Khalili MR. Cataract in Traditional Persian Medicine Manuscripts, 9-11th Centuries AD (Cannon, Mansuri-fi-Teb and Ferdos al-Hekmah). *Bina J Ophthalmol* 2013; 18 (3): 344-8.
- 209- **Zargaran A**, Fazelzadeh A, Mohagheghzadeh A. Surgeons and surgery from ancient Persia (5000 years of surgical history). *World J Surg* 2013; 37(8): 2002-4.
- 210- Ahmadi SA, **Zargaran A**, Mehdizadeh A, Mortazavi MJ. Remanufacturing and evaluation of Al Zahrawi's surgical instruments, Al Mokhdea as scalpel handle. *Galen Med J* 2013; 2(1): 22-5.
- 211- Zarshenas MM, Hosseinkhani A, **Zargaran A**, Kordafshari G, Mohagheghzadeh A. Ophthalmic Dosage Forms in Medieval Persia. *Pharm Hist (Lond.)* 2013; 43(1): 6-8.
- 212- **Zargaran A**, Zarshenas MM, Mehdizadeh A, Kordafshari G, Mohagheghzadeh A. Avicenna's Concept of Cardiovascular Drug Targeting in Medicamenta Cordialia. *Res Hist Med* 2013; 2(1): 11-4.
- 213- Yarmohammadi H, Mortazavi MJ, Mehdizadeh A, Bahmani Kazerooni MH, **Zargaran A**. Design and Performance Evaluation of Dry Cupping Tools Described in the Book Al-Tasreef. *Res Hist Med*. 2013; 2(1): 15-24.
- 214- **Zargaran A**. To the Readers. *Sadra Med Sci J* 2013; 1(1): 1-2.
- 215- **Zargaran A**, Zarshenas MM, Mehdizadeh A, Mohagheghzadeh A. Management of Tremor in medieval Persia. *J Hist Neurosci* 2013; 22(1): 53-61.
- 216- **Zargaran A**, Zarshenas MM, Ahmadi SA, Vessal K. Haly Abbas (949-982 AD). *J Neurol* 2013; 260(8):2196-7.

YEAR 2012

- 217- **Zargaran A**, Nikaein F, Mehdizadeh A. Rhazes' concepts and manuscripts on nutrition in treatment and health care. *Anc Sci Life* 2012; 31(4): 190-3.
- 218- Zarshenas MM, Arabzadeh A, Ajdari Tafti M, Kordafshari G, **Zargaran A**, Mohagheghzadeh A. Application of Herbal Exudates in Traditional Persian Medicine. *Galen Med J* 2012; 1(2): 78-83.
- 219- **Zargaran A**, Ahmadi SA, Daneshamouz S, Mohagheghzadeh A. Ancient Persian Pharmaceutical Vessels and Tools in Iranian Archaeological Museums. *Pharm Hist (Lond.)* 2012; 42(4): 68-71.
- 220- Zarshenas MM, **Zargaran A**, Abolhassanzadeh Z, Vessal K. Jorjani (1042-1137). *J Neurol* 2012; 259(12): 2764-5.
- 221- **Zargaran A**. The City of Shiraz and Fars Province, the Root of Medical Sciences in the History. *Res Hist Med* 2012; 1(4): 103-4.

- 222- Ahmadi SA, **Zargaran A**, Mohagheghzadeh A. Patient rights in the history of Persian and Islamic hospitals from beginning to 8 Century Hijri. *Quarterly journal of Islamic and Iranian Traditional Medicine* 2012; 3(3): 333-40.
- 223- **Zargaran A**, Ahmadi SA, Daneshamouz S, Mohagheghzadeh A. Physicians in ancient Persia. *Res Hist Med* 2012; 1(3): 67-80.
- 224- Yarmohammadi H, Mojahedian MM, **Zargaran A**. Medicine and Economy in Ancient Persia. *Res Hist Med* 2012; 1(3): 91-6.
- 225- Ahmadi SA, **Zargaran A**. Azodi Hospital and University in Shiraz (10th–14th Century AD). *Res Hist Med* 2012; 1(2): 37-40.
- 226- **Zargaran A**, Mehdizadeh A, Mohagheghzadeh A. Cataract Surgery in Albucasis Manuscript. *Iran J Ophthalmol* 2012; 24 (1): 75-76.
- 227- **Zargaran A**, Zarshenas MM, Hoseinkhani A, Mehdizadeh A. Jawarish, a Persian Traditional Gastrointestinal Dosage Form. *Pharm Hist (Lond.)* 2012; 42(2): 24-25.
- 228- **Zargaran A**, Mehdizadeh A, Yarmohammadi H, Mohagheghzadeh A. Zoroastrian priests: ancient Persian psychiatrists. *Am J Psych* 2012 169(3): 255.
- 229- **Zargaran A**, Zarshenas MM, Mehdizadeh A, Mohagheghzadeh A. Oxymel in medieval Persia. *Pharm Hist (Lond.)* 2012; 42(1): 11-13.
- 230- **Zargaran A**, Mohagheghzadeh A. Jamasp, an Ancient Persian Pharmacist. *Res Hist Med* 2012; 1(1): 3-6.
- 231- Zarshenas MM, Mehdizadeh A, **Zargaran A**, Mohagheghzadeh A. Rhazes (865-925 AD). *J Neurol* 2012; 259(5): 1001-2.
- 232- **Zargaran A**, Mehdizadeh A, Zarshenas MM, Mohagheghzadeh A. Avicenna (980-1032 AD). *J Neurol* 2012; 259(2): 389-90.

YEAR 2011

- 233- Mohagheghzadeh A, **Zargaran A**, Daneshamuz S. Cosmetic sciences from ancient Persia. *Pharm Hist (Lond.)* 2011; 41(2): 18-23.
- 234- **Zargaran A**, Daneshamuz S, Mohagheghzadeh A. Medical Education in Ancient Persia. *Iranian Journal of Medical Education* 2011; 11(2): 103-110.

YEAR 2008

- 235- **Zargaran A**, Mohagheghzadeh A, Ghasemi Y, Morowat H. Medical ethics in ancient Persia. *Quarterly Journal of Medical Ethics* 2008; 1(2): 91-121.

Documents: Available upon request.